

Memorandum

Director of Human Resources and Safety

VASD Wellness Program

Preventive Health Guidelines and Sampling of Supportive Research

1. **US and Women's Preventive Health Guidelines and Research on Primary Care Relationship**
 - A. **[U.S. Preventive Services Task Force Guidelines](#)**
 - B. **[Women's Preventive Services Guidelines](#)**

2. **Sampling of Medical Research on the Importance of Having a Strong Primary Care Relationship**
 - A. Lawn JE, Rohde J, Rifkin S, Were M, Paul VK, Chopra M. Alma-Ata 30 years on: revolutionary, relevant, and time to revitalise. *The Lancet*. 2008;372(9642):917–927. [[PubMed](#)] [[Google Scholar](#)]
 - B. Hall JJ, Taylor R. Health for all beyond 2000: the demise of the Alma-Ata Declaration and primary health care in developing countries. *Medical Journal of Australia*. 2003;178(1):17–20. [[PubMed](#)] [[Google Scholar](#)]
 - C. World Health Organisation. The World Health Report 2008: Primary Health Care, Now more than ever. 2008, http://www.who.int/whr/2008/whr08_en.pdf.
 - D. Starfield B. *Primary Care: Balancing Health Needs, Services and Technology*. New York, NY, USA: Oxford University Press; 1998. [[Google Scholar](#)]

- E. Forrester CB, Starfield B. Entry into primary care and continuity: the effects of access. *American Journal of Public Health*. 1998;88(9):1330–1336. [[PMC free article](#)] [[PubMed](#)] [[Google Scholar](#)]
- F. Franks P, Fiscella K. Primary care physicians and specialists as personal physicians: health care expenditures and mortality experience. *Journal of Family Practice*. 1998;47(2):105–109. [[PubMed](#)] [[Google Scholar](#)]
- G. She, Leiyu. The impact of primary care: A focused review. *National Center for Biotechnology Information*. 2012; [[NCBI](#)]
- H. Goetzel, R. B. et al., “Health and Productivity Management: Establishing Key Performance Measures, Benchmarks, and Best Practices,” *Journal of Occupational and Environmental Medicine* 43 , no. 1 (2001): 10 –17. [[Crossref](#)], [[Medline](#)] , [[Google Scholar](#)]
- I. Pouret, Naderah, et al., “In California, Primary Care Continuity was Associated with Reduced Emergency Department Use and Fewer Hospitalizations,” *Journal of Health Affairs*, July, 2014.