

Child Nutrition

- We provide healthy meal choices while emphasizing fruits and vegetables, and whole grains that meet the USDA guidelines.
- Verona Area Schools have an “offer” rather than a “serve” meal program. Students are required to take only three of the five food groups for lunch. Lunch includes a protein, vegetable, fruit, whole grain/bread and milk group. The USDA regulations do require that one of the three food-group choices on a student’s tray must be a serving of fruit or vegetables. Students are required to take three out of the four food groups for breakfast. High school students have access to ala carte items, which features individually priced items such as sandwiches, fresh fruit, yogurt, string cheese, bagels and cream cheese, etc. Ala carte items may not be purchased unless funds are available in their meal account.
- The Verona Area School District has a policy for children unable to pay the full price of meals served under the National School Breakfast and Lunch Programs. Each school office and the District office have a copy of the policy, which may be reviewed by interested parties. Meal applications are available on line and at each school office. You may contact the Child Nutrition Services Office at 845-4139 or email child.nutrition@verona.k12.wi.us.
- If your child has a special diet or food allergy, please contact the school nurse, or the Child Nutrition Office at 845-4139.

Come join us for breakfast

- Breakfast is served at all of the schools for only \$1.05 per middle school student, \$1.10 per high school student. Reduced and elementary breakfast in the classrooms is no charge.
- The National School Breakfast Program meals must meet the current Dietary Guidelines for Americans and must provide at least ¼ of a child’s daily requirement for calories, protein, calcium, iron, vitamin A and vitamin C.
- Generally, school breakfast will consist of milk, fruit and 100% fruit juice, and a main dish or item that includes grains, and/or protein source. Children who eat breakfast show an increased ability to learn, better academic performance and may have a decreased risk of being overweight.
- Elementary breakfast in the classroom. Core Knowledge Charter School, middle and high school begin breakfast in the cafeterias at 8:00 a.m. We hope to see you there!

Nutrislice Menus

All information for breakfast and lunch menus can be found on the Verona Area School District website on the Child Nutrition Link under District Departments. You can also download the app on your smartphone. Check us out!!

School Lunch Prices 2019-20

Elementary \$2.45

Middle School \$2.50

High School \$2.60

Reduced \$.40

Milk \$.40

Adult \$3.35

Meal Accounts

WORDWARE: This program allows you to set up to view your children's meal transactions and balance information.

SCHOOL MEAL PAYMENTS: The meal account is a debit system. We appreciate if you maintain a positive balance at all times. You may either pay at Efund or if you use online bill payment services through your bank you can set Child Nutrition Services as a payee. List your Family ID as the account to pay and our address at PO Box 930007, Verona, WI 53593. You may also pay by check mailed to the same address, or drop off at your school kitchen. Please write your Family ID on the memo line.

MONTHLY STATEMENTS: Will be sent electronically if your email is on file.