

PURE SWEAT

BASKETBALL TRAINING ACADEMY

LED BY ELITE SKILLS COACH MICHAEL BOOS • PROGRAM DESIGNED BY NBA SKILLS COACH DREW HANLEN

8 WEEKS STARTING SEPTEMBER 19 - NOVEMBER 13

SUN PRAIRIE • MADISON AREA • WISCONSIN

ACADEMY FEATURES:

- PROGRESSIVE CURRICULUM
- DETAILED PLAYER EVALUATIONS
- CUSTOMIZED WORKOUTS
- GAME-SIMULATED DRILLS
- FILM BREAKDOWN SESSIONS
- HOMEWORK ON OFF DAYS

SKILLS COVERED:

- SHOOTING MECHANICS
- FINISHING TECHNIQUES
- ISOLATION & SEPARATION MOVES
- DRIBBLING & HANDLING PRESSURE
- PASSING & CATCHING
- HOW TO USE SCREENS & DEFENSE
- DECISION MAKING

**BOYS & GIRLS
GRADES 4 & UP**

**SESSIONS: 90 MINS
TIMES: 3:30PM - 9:30PM**



1 WORKOUT/WEEK FOR 8 WEEKS - \$300 (\$150 PER MONTH)
2 WORKOUTS/WEEK FOR 8 WEEKS - \$500 (\$250 PER MONTH)

ALL REGISTRANTS WILL RECEIVE AN 8 WEEK SUBSCRIPTION TO THE PURESWEAT APP

FAMILY AND REFERRAL DISCOUNTS! REGISTER TODAY @ [EVENTS.PURESWEATBASKETBALL.COM](https://events.puresweatbasketball.com)
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[PURESWEATBASKETBALL.COM](https://puresweatbasketball.com)

This is NOT a school-sponsored event